

Light Lunch Ideas from Not Bread Alone Bakery

Pasta Dishes:

1 portion

Pasta Alfredo	R 45.00
Pasta Carbonara	R 45.00
Spicy Chicken Pasta Salad	R 45.00
Vegetarian Pasta Salad	R 45.00
Vegetarian Lasagne	R 45.00
Bolognaise Pasta Bake	R 45.00
Spaghetti Bolognaise	R 45.00
Chicken Lasagne	R 45.00
Beef Lasagne	R 45.00
Coronation Chicken Pasta	R 45.00
Tuna Pasta Salad	R 50.00
Macaroni & Cheese	R 40.00
Thai Beef Pasta Salad	R 45.00

Light Meals:

Curry Mince & Rice	R 45.00
Spanish Chicken & Rice	R 45.00
Beef/Chicken Pregos with Chips (Wedges)	R 47.50
Hamburgers & Potato wedges	R 47.50
Bobotie & Yellow Rice	R 50.00
Pie Gravy Chips/ Salad	R 45.00
Quiche, Chips/ Salad	R 45.00
Filled Sandwiches (Panini/ Rye/ Baquette)	R 40.00
Baked Wraps Chicken/Beef, salad & sour cream	R 47.50

Red Meat Dishes for Buffets:

Beef Curry Stew (Pap/Rice) Chuck	R 45.00
Cheezy Beef Polenta Bake	R 45.00
Beef Moussaka	R 45.00
Beef Meatballs and Mash	R 45.00
Beef Stir-fry & Rice or Noodles	R 45.00
Beef Stroganoff & Rice	R 50.00
Oxtail (Slowed Cooked) & Rice/Mash	R 75.00
Roasted Beef with Balsamic Onion & Rice	R 50.00
Lamb Curry & Rice	R 75.00
Lamb & Tomato Bredie (Casserole) with Rice or Pap	R 75.00
Lamb Breyani	R 75.00
Moroccan Beef Stew & Couscous/Rice	R 50.00
Beef Potjie Kos	R 50.00
Baked Mustard Beef Tongue & Rice	R 55.00

Chicken Dishes for Buffet:

Thai Chicken Curry & Rice	R 45.00
Chicken Basquaise (French Chicken) & Rice	R 50.00
Chicken Breyani & Rice/Pap	R 50.00

Peri-Peri Chicken Pieces Rice/Pap	R	50.00
Chicken A La King & Rice	R	50.00
Spanish Chicken and Rice	R	50.00
Chicken Schnitzel & (Mash)	R	50.00
Chicken Stir-fry & Rice	R	45.00
Lemon & Herb Chicken Pieces & Rice	R	45.00
Chicken Cacciatore & Rice	R	45.00

Salads (Side Dishes):

Low GI Greek Salad with Chickpeas	R	20.00
French Salad	R	15.00
Spicy 3 Bean Salad	R	17.50
Cucumber, Coriander & Yoghurt	R	15.00
Layered Pea,Pecan Salad	R	20.00
Panzanella Bread Salad	R	17.50
Traditional Bread Salad	R	17.50
Spicy Noodle Salad	R	17.50
Lentil & Rice Salad (Sweet & Sour)	R	15.00
Crunchy Red Coleslaw	R	15.00
Traditional Coleslaw	R	15.00
Baby Spinach & Corn Salad	R	17.50
Beetroot Salad	R	15.00
Mediterranean Anti Pasta Salad	R	20.00
French Potato Salad	R	15.00
Traditional Potato Salad	R	15.00
Curry Potato Salad	R	15.00
Couscous Salad with Grilled Veggies	R	20.00
Baby Marrow & Corn Salad	R	17.50
Chilli Broccoli & Cheese Salad	R	17.50
Marinated Veggie Salad	R	20.00

Veggie (Side Dishes):

Gem Squash with Sweetcorn filling	R	17.50
Roasted Veggies	R	17.50
Mediterranean Grilled Veggies	R	20.00
Sweet Butternut Bake	R	17.50
Baby Spinach & Butternut Bake	R	20.00
Sweet Potato with ginger crust	R	15.00
Green bean & Potato casserole	R	15.00
Spinach & Pasta Casserole	R	17.50
Broccoli & Cheese Bake	R	17.50
Cauliflower & White Sauce	R	17.50
Sweet Carrots	R	15.00
Mixed Peas & Carrots	R	15.00
Potato & Mushroom Bake	R	17.50
Curry Cabbage & Potatoes	R	15.00

Soups:

Spicy Butternut	R	25.00
Minestrone Pasta	R	25.00
Potato & Bacon	R	25.00
Beef & Vegetable	R	25.00
Creamy Mushroom	R	25.00
Chicken Noodle	R	25.00
Chicken & Vegetable with Dumplings	R	27.50